MAYALI HAMSÝLÝ EKMEK

Kategori : Börek ve Kekler
Yayýnlayan Admin 2015/5/4

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21

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MicrosoftInternetExplorer4

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Pýrasa(ince doðranmýþ)
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kýrmýzý biber,bir küçük havuç
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115%;font-family:Calibri;mso-bidi-font-family:Calibri;mso-ansi-language:EN-US">YAPILIÞI:Önce un,maya ve biraz yaðý karýþtýr ýlýk su ile hamuru yoður. Üstünü kapatarak ýlýk ortamda mayalanmasýný bekle.bu arada sebzeleri temizle ince kýy. yaðda hafifçe ilk dirilidi gidinceye kadar kavur.tuzunu,biberini ilave et ocaðý söndür . hamsiyi itemizle parçalara böl .bu arada hamur mayalanarak kabarmýþtýr. Hazýrladýðýn bütün malzemeyi karýþtýr.yeniden yoður. Fýrýn kaðýdý serilmiþ tepsiye boþalt. Arzu edersen üzerine susam serp.yeniden kabarýnca 180 derecede ýsýtýlmýþ fýrýnda piþir.wwwpervinengin.net

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