

TEL PEHRÝYELÝ SALATA

Kategori : Salatalar

Yayýnlayan [Admin](#) 2013/9/22

MALZEMELER

1-bir su bardađý tel þehriye

2-iki su bardađý haþlanmýþ nohut

3-üç adet domates

4- üç-dört adet sivri biber

5 iki-üç kök yepil soðan

6-zeytinađý, zeytin, maydanoz limon,tuz.

YAPILIBI: Nohutu akþamdan suya koy. Etesi gün yumuþayýncaya kadar pipir(pipirirken biraz tuz,bir kahve fincaný sirke ve bir çay bardađý zeytinađý ve yetecek kadar su ilave et) suyu az kalýnca (þehriyenin çekebileceði kadar) þehriyeyi ilave et. Kaþýk deðmeden arada tencereyi sallayarak þehriyelerin yapýpmamasýný saðla. Suyu iyice çekilince soðumaya al.diðer taraftan sebzeleri doðra. Zeytinađý,limon, tuz, ilave ederek bütün malzemeyi harmanla. Servis tabađýna al.Üzerine yepil veya siyah zeytin dizerek sunuma hazýrla.www.pervinengin.net

Normal

0

21

false

false

false

TR

X-NONE

X-NONE

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/* Style Definitions */

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